

**2011**

# **Montana Youth Risk Behavior Survey**

**Alternative  
Schools**

 1999-2011 Trend Data

Montana Office of Public Instruction  
Health Enhancement and Safety Division  
June 2011



Montana  
**Office of Public Instruction**  
Denise Juneau, State Superintendent

[opi.mt.gov](http://opi.mt.gov)

<b><i>Injury and Violence</i></b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
<b>Percentage of students who . . .</b>							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	95.9	96.6	94.2	94.8	94.5	93.8	92.6
Never or rarely wore a seat belt when riding in a car driven by someone else	47.9	47.1	38.3	29.1	30.6	23.0	22.3
Never or rarely wore a seat belt when driving a car		46.3	40.8	31.4	38.0	23.8	26.7
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	53.1	46.8	53.8	46.8	40.2	47.0	33.0
Drove a car when they had been drinking alcohol during the past 30 days	30.1	26.1	31.2	24.8	20.9	21.6	17.2
Texted or e-mailed while driving a car during the past 30 days							39.0
Talked on a cell phone while driving a car during the past 30 days							43.3
Carried a weapon such as a gun, knife, or club during the past 30 days	26.2	31.0	26.1	31.6	25.2	21.4	31.2
Carried a gun during the past 30 days	10.4	14.5	7.6	11.6	10.6	7.3	9.3
Carried a weapon on school property during the past 30 days	15.6	14.3	11.2	16.8	13.8	10.3	16.2
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	5.5	9.8	8.4	6.7	6.6	5.8	6.0
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months			31.4	25.6	23.5	NA	26.1
Had been threatened or injured with a weapon on school property during the past 12 months	12.6	16.3	10.8	10.2	9.3	10.2	10.0
Were in a physical fight during the past 12 months	58.4	62.3	51.8	51.1	49.7	51.6	44.3
Were injured in a physical fight that required medical treatment during the past 12 months	10.6	15.5	8.8	8.6	10.0	8.8	7.1
Were in a physical fight on school property during the past 12 months	22.8	24.2	18.9	20.4	19.8	15.4	11.9
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	17.8	21.3	21.6	24.2	20.2	19.2	22.1
Have ever been physically forced to have sexual intercourse when they did not want to	22.8	22.9	23.0	24.6	18.1	21.2	21.0
Had been bullied on school property during the past 12 months						21.6	20.8
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months						23.4	22.4

<i><b>Injury and Violence</b></i>							
Percentage of students who . . .	1997	1999	2001	2003	2005	2007	2009
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	39.5	42.7	46.7	45.1	39.2	40.5	46.6
Seriously considered attempting suicide during the past 12 months	26.4	32.7	31.8	33.2	26.2	29.5	29.6
Made a plan about how they would attempt suicide during the past 12 months	25.3	24.1	25.4	28.7	20.2	20.2	20.1
Actually attempted suicide during the past 12 months	19.0	25.3	20.0	22.2	16.0	23.0	19.2
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	8.6	9.1	7.0	7.3	5.8	10.8	6.7

<i><b>Tobacco Use</b></i>							
Percentage of students who . . .	1999	2001	2003	2005	2007	2009	2011
Ever tried cigarette smoking	95.8	95.1	92.0	90.5	81.2	86.9	89.1
Smoked a cigarette before age 13	64.2	69.6	55.1	46.4	53.5	44.9	35.7
Smoked a cigarette on one or more of the past 30 days ("current")	75.4	66.7	70.1	70.4	48.7	66.2	67.8
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	58.8	49.4	53.0	50.9	33.3	47.4	49.5
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	31.8	32.7	23.8	19.8	15.3	16.7	17.6
Usually got their cigarettes by buying them in a store or gas station during the past 30 days		24.8	22.7	20.2	14.8	21.4	19.7
Smoked cigarettes on school property during the past 30 days	37.1	29.3	29.9	31.1	20.9	27.4	22.8
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")	79.8	70.7	67.8	61.2	53.2	55.9	61.0
Among current smokers, tried to quit smoking during the past 12 months		50.9	52.2	66.4	65.3	63.7	66.5
Used chewing tobacco, snuff, or dip during the past 30 days	19.0	19.8	14.9	20.9	17.2	20.0	20.0
Used chewing tobacco, snuff, or dip on school property during the past 30 days	12.0	13.0	7.1	13.9	11.7	13.0	14.8
Smoked cigars, cigarillos, or little cigars during the past 30 days	20.9	29.5	22.9	34.9	24.0	26.5	31.2

<b>Alcohol and Other Drug Use</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
Percentage of students who . . .							
Had at least one drink of alcohol during their life	92.0	93.4	93.4	92.3	87.8	87.4	88.1
Had first drink of alcohol before age 13	57.8	65.4	51.4	48.3	44.6	49.8	41.9
Had at least one drink of alcohol during the past 30 days ("current")	63.2	63.8	72.5	68.0	60.4	71.6	62.0
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	55.7	53.1	66.8	58.5	50.2	62.1	49.8
Among current users of alcohol, usually got the alcohol they drank from someone who gave it to them during the past 30 days						20.5	28.6
Had at least one drink of alcohol on school property during the past 30 days	11.1	12.5	8.9	9.0	9.1	10.0	8.6
Used marijuana during their life	88.3	90.2	88.1	86.1	72.5	83.8	82.2
Tried marijuana before age 13	54.2	56.4	44.0	43.2	33.2	41.7	38.6
Used marijuana during the past 30 days ("current")	62.1	62.1	64.4	65.5	46.3	65.2	64.8
Used marijuana on school property during the past 30 days	21.1	19.7	17.0	16.8	14.6	37.5	18.4
Used any form of cocaine during their life	42.4	46.6	42.7	40.9	33.3	34.4	29.1
Used any form of cocaine during the past 30 days ("current")	14.5	17.6	17.4	18.3	11.8	12.2	11.0
Used inhalants during their life	36.7	39.5	27.7	28.8	32.2	37.1	31.6

<b><i>Alcohol and Other Drug Use- continued</i></b>							
<b>Percentage of students who . . .</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
Used heroin during their life	11.5	14.1	8.9	9.5	8.9	11.1	11.3
Used methamphetamines during their life	51.2	55.0	45.9	40.2	23.3	18.1	19.2
Used ecstasy during their life			26.3	23.6	25.3	37.3	43.0
Took steroid pills or shots without a doctor's prescription during their life	13.2	15.4	10.6	11.8	8.0	5.9	7.2
Have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription							53.6
Used a needle to inject any illegal drug into their body during their life	12.1	15.3	8.4	8.7	6.8	9.1	8.0
Were offered, sold, or given an illegal drug on school property during the past 12 months	41.9	43.5	46.6	40.3	33.5	38.2	41.0

<b><i>Sexual Behaviors</i></b>							
<b>Percentage of students who . . .</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
Ever had sexual intercourse	87.2	87.9	84.1	83.9	81.7	85.2	78.5
Had sexual intercourse before age 13	28.8	30.8	19.7	17.5	19.1	17.8	15.7
Had sexual intercourse with four or more people during their life	51.5	59.4	51.4	58.3	44.5	51.1	42.5
Had sexual intercourse during the past three months ("current")	59.1	56.8	66.1	65.0	56.4	65.0	63.3
Drank alcohol or used drugs before last sexual intercourse	49.3	48.0	43.5	41.5	43.6	43.8	43.3
Currently sexually active and used a condom during last sexual intercourse	45.7	38.6	49.1	49.2	51.4	51.9	48.3
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	14.6	14.3	17.6	17.1	19.4	18.2	18.8
Had ever been taught about AIDS or HIV infection	89.1	88.2	87.9	86.4	89.4	84.4	83.4

<b>Weight Management and Dietary Behaviors</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
Percentage of students who . . .							
Described themselves as slightly or very overweight	31.8	33.8	33.0	31.6	32.3	33.1	30.5
Were trying to lose weight	36.7	39.9	43.0	40.7	45.3	41.3	39.3
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	18.1	18.5	22.5	16.3	15.5	18.8	18.5
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	11.2	10.8	16.7	9.1	10.7	7.5	11.4
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.7	9.1	9.7	7.1	8.5	6.0	7.7
Drank 100% fruit juices during the past seven days	76.6	75.8	81.4	76.0	79.6	79.6	80.5
Ate fruit during the past seven days	84.0	83.7	88.0	84.4	84.6	85.7	84.5
Ate green salad during the past seven days	66.9	66.3	59.5	69.7	65.9	66.5	61.9
Ate potatoes during the past seven days	72.6	72.8	70.4	65.2	73.4	70.6	72.5
Ate carrots during the past seven days	54.9	55.5	46.7	49.1	52.2	52.8	47.4
Ate other vegetables during the past seven days	82.1	77.6	78.8	78.7	79.6	81.7	85.2
Drank at least one can, bottle, or glass of soda or pop daily during the past seven days					35.0	35.3	38.6
Drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt (not sports drinks such as Gatorade or PowerAde), during the past seven days							43.7
Ate breakfast daily during the past seven days							21.3

<b>Physical Activity</b>							
Percentage of students who . . .	1999	2001	2003	2005	2007	2009	2011
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days				14.8	45.0	34.5	34.5
Watched three or more hours per day of TV on an average school day	33.5	29.1	29.5	28.6	22.2	24.5	25.4
On an average school day, played 3 or more hours of video or computer games or used a computer for something not school-related					16.5	24.5	28.7
Attended physical education (PE) classes on one or more days in an average week when they were in school	39.4	46.9	38.7	40.6	58.9	47.5	42.0
Attended physical education (PE) classes daily in an average week when they were in school	14.3	27.6	22.6	19.3	41.7	23.7	22.1
Played on one or more sports teams during the past 12 months	31.9	29.8	26.5	27.9	41.0	27.8	23.0

<b>Other</b>							
Percentage of students who . . .	1999	2001	2003	2005	2007	2009	2011
Had ever been told by a doctor or nurse that they had asthma				28.6	25.8	23.9	26.4
Had been told by a doctor or nurse that they have had asthma and who still have asthma					45.6	39.6	42.3